REGION IX HEAD START/EHS



ANNUAL REPORT FOR 2018











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"Each one of us can make a difference. Together we make a change."

Barbara Mikulski

DIRECTOR'S MESSAGE

2018 has been a year of change for Region IX Head Start and Early Head Start. Our Ruidoso Head Start site moved into the wonderful new Sierra Vista facility. This has allowed us to cultivate an early childhood powerhouse with NM Pre-K and Kindergarten. We continue to build relationships with our local school districts in order to provide the best services possible to our children. Region IX Early Head Start is now a stand alone EHS program and we continue to grow and learn as a program.

While our programs maintain quality services to children and families in Lincoln County, we are forging ahead with new ideas and changes that will improve our ability to achieve results and ultimately work to enhance and enrich the lives of those we serve.

Region IX Education Cooperative, Region IX Coordinating Council, Policy Council, and the local LEAs continue to provide us guidance and support. We are fortunate to have staff members who are dedicated to the Head Start philosophy, and are passionate about making a difference in the lives of our families. Thank you for your continued support and engagement.

I'm excited to share the results we've achieved in 2018. This 2018-2019 Annual Report provides an overview of our program and highlights achievements.

Region IX Proud!

Sincerely,

CALLA GOELLER

Head Start/EHS Director



R9 Vision Statement:
Region 9 - Your innovative
Regional Education
Cooperative providing
exceptional services to
children, families, and
communities across New
Mexico.

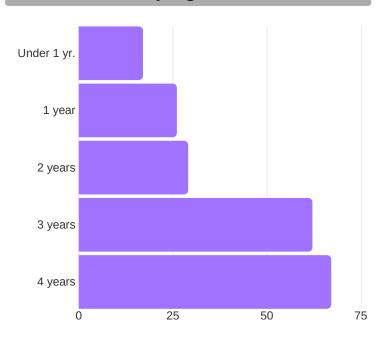
R9 Head Start/EHS mission is
to provide quality
comprehensive services
through learning environments
that are safe, nurturing,
respectful, and that fosters
independence, strength, and
hope in order to prepare
children and families for
success in school and life.

Children and Families Served

During the 2018–2019 school year, 205 children from 205 families were served. 38% of enrolled children lived in a single-parent family.

58% of children were newly enrolled while 42% were returning students.
52% of EHS children were 2nd or 3rd year students who returned in July 2018.
36% of Head Start children were returning students who attended the program in 2017–2018 as 3 year olds.

Enrollment by Age



8.5% Under 1 year

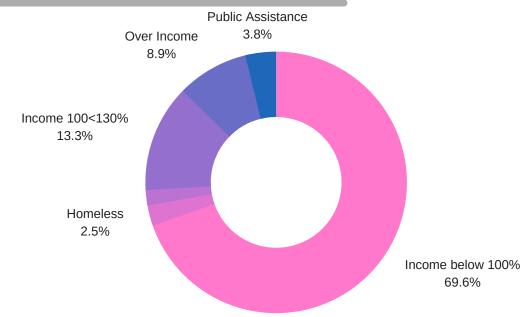
12.9% 1 year

14.4% 2 years

30.8% 3 years

33.3% 4 years

Type of Eligibility



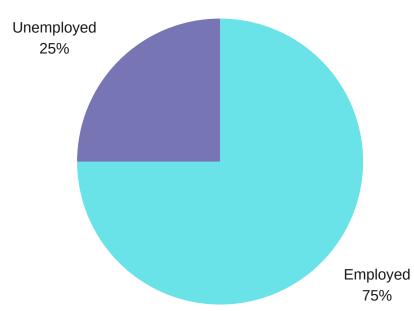
Parent(s)/Guardian(s) Highest Level of Education

- 10% Advanced Degree
- 37% Some College/Associates Degree
- 41% High School Graduate/GED
- 11% Less than High School Graduate

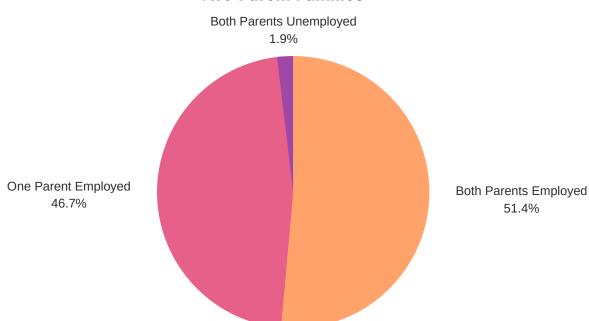


Parent(s)/Guardian(s) Employment

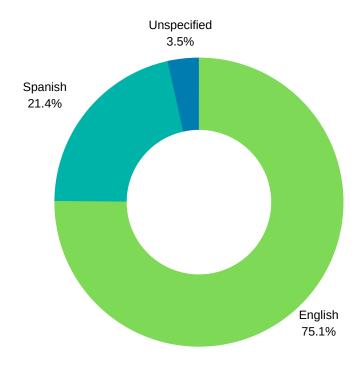




Two-Parent Families



Primary Language in Child's Home



Race/Ethnicity of Children

- 4% Indian/Alaskan
- 87% White
- 1% Black
- 6% Multi/Biracial
- 2% Other



66

Every child deserves a champion - an adult who will never give up on them, who understands the power of connection and insists that they become the best they can possibly be.

- Rita Pierson

Enrollment

The number of children potentially eligible for Head Start and Early Head Start continues to grow annually. The number of children in need of child care and/or a pre-k program in our area continues to grow annually as well.

The programs operate at full enrollment with an active waiting list of children ready to fill vacancies at all 4 sites. If vacancies become available homeless, foster, and Early Head Start children who have aged out of EHS get first priority into the Head Start program. Homeless and Foster children get first priority in either program all year long.

Head Start Applications: 155

Income-Eligible Waiting List Head Start: 22

Early Head Start Applications: 85 Income-Eligible Waiting List EHS: 9

100% Average Monthly Enrollment

Head Start Program Map



Services

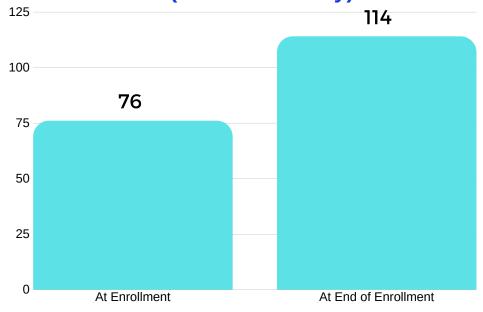
The Head Start/EHS Health & Safety Manager works closely with the local LEAs, a child mental health specialist, a nutritionist, and other community members to provide quality health and nutrition services to our children in both programs. She works collaboratively with Head Start/EHS Family Advocates to connect parents to resources in the community in order to get their immediate, and short-term needs met.

Head Start staff assist families with making health appointments and attending appointments with families if necessary. They also assist families in payments for health appointments if families do not have medical/dental insurance.

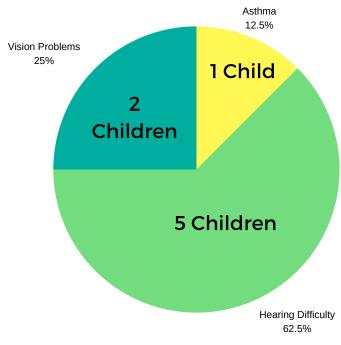
Health Services

- 86% of enrolled children had health insurance by the end of the year.
- 100% of newly enrolled children received vision, hearing, developmental, nutritional, and behavioral screenings.
- 95% of physical exams were completed within 90 days of enrollment -Head Start & EHS combined
- 97% of dental exams (HS only) were completed within 90 days of enrollment.
- 26% EHS children who are up-to-date on preventative oral care

Number of Children with Completed Immunizations (Head Start Only)



Chronic Health Conditions



Mental Health Services

- 8 Children referred outside of Head Start for mental health services
- **7** Children who received mental health services by a mental health professional.

Disabilities Services

16 Children enrolled in Head Start and EHS were determined to require special education and related services.

IFSP Services

- 2 Social-Emotional
- 4 Speech

IEP Services

- 2 Autism
- 1 Deaf-Blind
- 2 Developmental Delay
- 1 Emotional Disturbance
- 4 Speech/Language Imp.
- 14 Children enrolled in Head Start and EHS have open concerns in the following categories:
 - 1 Gross Motor
 - 4 Social-Emotional
 - 8 Speech/Language Impairment
 - 1 Other Health Impaired

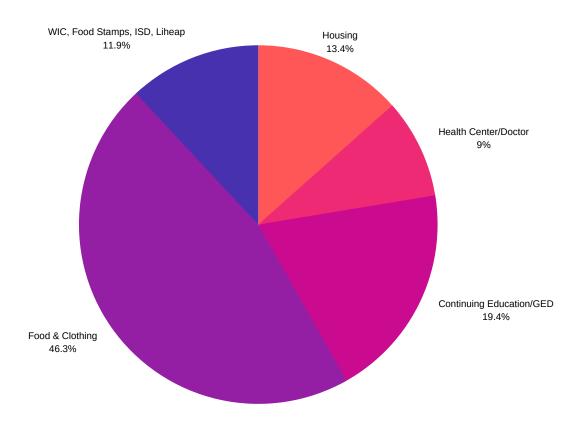
Family Services







The Head Start/EHS Family Advocates provided assistance to meet the basic needs of our families. Below are some of the most common services that families received:





"Let our hearts & hands be stretched out in compassion toward others for everyone is walking their own difficult path."

-Dieter f. Uchtdorf

Child Outcomes & School Readiness

Head Start and EHS focus on the areas of the *Head Start Early Learning Outcomes Framework* which includes: Approaches to Learning, Language and Literacy, Math Cognition, Science Cognition, Communication, Social Emotional, and Physical Development. Both programs use the framework and Teaching Strategies GOLD assessment tool to help develop individual goals for children based on their level.

Both programs conduct three school readiness goals committee meetings a year. The coordinating staff generate data from TS GOLD to guide the development of goals. The goals are aligned to the NM Early Learning Guidelines, TS GOLD objectives, the Head Start Early Learning Outcomes Framework, and for Pre-K the Common Core Standards which Kindergarten uses to assess their children.

In the 2018–2019 school year scores remained the lowest in the communication & language/literacy domains for both Early Head Start and Head Start. The Striving Readers Comprehensive Literacy grant allowed both programs to have access to a literacy coach with multiple years of ECE and Head Start experience. Below are the goals Head Start and EHS staff worked on to increase child outcomes in language, literacy, and communication. We strive for 85% or more of our children meeting or exceeding the standard in each area.

Early Head Start Goals

- 1. Child attends, understands, and responds to communication and language from others.
- 2. Child communicates needs and wants non-verbally and by using language.
- 3. Child recognizes pictures and some symbols, signs, or words.
- 4. Child comprehends meaning from pictures and stories.

Head Start Goals

- 1. Children will show imitation, and enjoy rhyme and alliteration
- 2. Children will understand print concepts through letter recognition, letter sound knowledge, and early writing skills.
- 3. Children who are English Language Learners will show progress in listening to, understanding, and speaking English.

FINANCIAL OVERVIEW

Region IX Head Start and Early Head Start operate on federal funds. Early Head Start also receives state funding through the Child and Adult Care Food Program which provides reimbursement for meals. Region IX Education Cooperative provides both programs with fiscal/financial services, human resource services, payroll services, and technology services. Eight percent of each budget is allocated to Region IX for these services as part of the indirect cost. Head Starts Fiscal Year is January 1 – December 31. Early Head Start's Fiscal Year is August 1 – July 31.



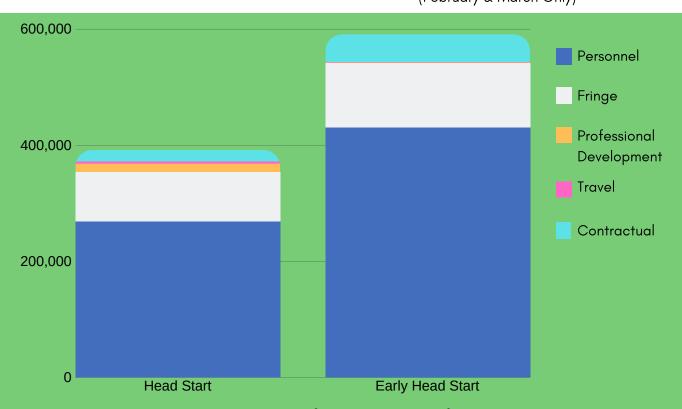
Funds Received

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Program Operations
Training & Technical Assistance
Carryover Funds from FY2017
Cost of Living Adjustment

\$942,616 \$16,175 \$51,959 \$16,398 Early Head Start FY 2018:

Program Operations \$751,857
Training & Technical Assistance \$18,281
Cost of Living Adjustment \$19,548
State Funding (CACFP) \$5,269
(February & March Only)



Proposed Budgets

Head Start Proposed Budget FY2019

EXPENDITURE	AMOUNT	
Personnel	\$543,064	
Fringe	\$174,780	
Supplies	\$42,215	
Contractual	\$67,337	
Other	\$24,930	
Indirect Costs to Region IX	\$74,115	

Early Head Start Proposed Budget FY2018

EXPENDITURE	AMOUNT	
Personnel	\$432,039	
Fringe	\$141,924	
Supplies	\$23,300	
Contractual	\$30,697	
Other	\$66,850	
Indirect Costs to Region IX	\$57,047	





Results of the Most Recent Review by OHS

Head Start

2016 was the last year Head Start was reviewed. There were three separate reviews: comprehensive services/school readiness, CLASS, and a monitoring review. The comprehensive services review concluded that there were no areas of noncompliance. The monitoring review in 2016 and found that previously identified findings had been corrected. The CLASS review was conducted in 2016 as well and the scores generated are as follows:

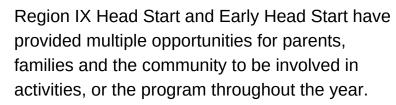
•	Emotional Support	6.39
•	Classroom Organization	6.27
•	Instructional Support	2.47

Early Head Start

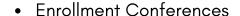
In 2017, a program performance review was conducted to determine how Region IX Education Cooperative and its partners were working together to plan and provide high-quality services. The report was not to determine findings or areas of non-compliance.

Parent, Family & Community Engagement





PFCE ACTIVITIES:



- Head Start Orientations
- Home Visits/Parent Teacher
 Conferences
- Literacy Night
- Multi-Cultural Night
- Art Night
- Policy Council
- Program Self-Assessment
- Parent Meetings
- Classroom Field Trips/Activities
- Parent Trainings
- Smokey Bear Visit
- "Grahams with Grans"
- Little Olympics
- Kindergarten Transition Day
- "Pasta with Papa"







"At the end of the day, the most overwhelming key to a child's success is the positive involvement of parents."
-Jane D. Hull

Father/Male Involvement

Number of Fathers/Father Figures who were engaged in activities:

• Family Assessment: 36

• Family Goal Setting: 41

• Home Visits/PTC: 59

• Policy Council: 1

• Parent Education Workshops: 32







Volunteers & Community Partners

We had 389 individuals providing volunteer services to the program. 224 of these volunteers were current or former Head Start parents. We continue to have strong partnerships with community agencies who support the Head Start and EHS programs, students, and their families in Lincoln County.

- Ruidoso Municipal School District
- Capitan School District
- Hondo Valley School District
- Phyllis Strathmann
- Region IX Education Cooperative
- Albertson's Market
- St. Eleanor's Catholic Church
- First Presbyterian Church
- Parents Reaching Out
- Boys and Girls Club
- Lion's Club of Ruidoso

- Ruidoso Public Library
- Children in Need of Services
- Global Nutrition
- Children, Youth, and Families Dept. •
- The Nest
- ENMU Ruidoso
- Episcopal Church
- MCM Elegante
- Income Support Division
- Lt. Lawrence Chavez

- Pizza Hut of Ruidoso
- Mountain Oasis Water Co.
- Ruidoso Convention Center
- Ruidoso Fire Department
- Smokey Bear Ranger Station
- Ruidoso Parks & Recreation
- Women, Infants, & Children
- Westlake Optical
- Walmart
- R9 Developmental Services















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